

Child Group Expectations

“Be respectful, Be Responsible, Be safe”

- Respect yourself, others, and the environment
- Put forth your best effort during your treatment at Compass
- Sharing personal information (i.e., contact information, last name, school, etc.) with other group members is not allowed
- Be respectful of your fellow group members. Ask an adult if you're unsure about whether you can share something in group
- It is at the discretion of staff to ask you to remove hats and hoods and/or provide you with clothes that offer more coverage
- Due to allergies, bringing nuts and sharing food are not allowed
- Belongings from home, including coats and jackets, need to be kept in your locker. Phones will be securely stored by staff.
- An adult must always be with you when leaving the room. Please ask a group therapist if you need something outside of the room
- Fidgets may be used with permission from therapists. They can be used if they are helpful and smaller than the size of your hand. Therapists may ask you to put a fidget away if it's distracting
- Respect others' personal space by not engaging in any physical contact

Confidentiality

“What happens at Compass stays at Compass”

- Helps protect your privacy and the privacy of all group members
- Helps make Compass a safe place to share personal and/or sensitive information
- Information shared by other group members should not be disclosed to anyone outside of Compass (even if it's someone you know outside of Compass)
- Current or former group members should be referred to as “current patient” or “former patient” if they are not present in group
- Therapists are unable to answer questions about another patient's treatment (i.e., attendance, discharge, re-entry)
- Therapists will be in communication with your entire treatment team (i.e. Parents, school team, outside therapist, etc.) to help support your progress