

Adolescent Group Expectations

"Be respectful, Be Responsible, Be safe"

- Respect yourself, others, and the environment
- Sharing personal information (i.e., contact information, last name, etc.) with other group members is not allowed
- Group members are not allowed to spend time together outside of program or contact each other via messaging or social media*
- Group members cannot bring any substances into program or use substances prior to coming to programming*
- Be mindful of others when discussing unsafe behaviors and other potentially triggering topics by avoiding specific details (self-harm, substances, etc)
- Due to allergies, bringing nuts and sharing food are not allowed
- Please bring any rescue or emergency medications with you to program each day
- Belongings from home and backpacks need to be stored in lockers. Phones will be securely stored by staff.
- Group members should always be escorted by a staff member when leaving the room
- Fidgets may be used with permission from therapists and are smaller than the size of your hand
- Respect others' personal space by not engaging in any physical contact

Confidentiality

"What happens at Compass stays at Compass"

- Helps protect your privacy and the privacy of all group members
- Helps make Compass a safe place to share personal and/or sensitive information
- Information shared by other group members should not be disclosed to anyone outside of Compass (even if it's someone you know outside of Compass)
- Current or former group members should be referred to as "current patient" or "former patient" if they are not present in group
- Therapists are unable to answer questions about another patient's treatment (i.e., attendance, discharge, re-entry)
- Therapists will be in communication with your entire treatment team (i.e. Parents, school team, outside therapist, etc.) to help support your progress