

"Amazing care, [team] was very understanding and gave good feedback and have set me up for success outside of Compass."

- Virtual Adult Program Patient



COMPASS

..... VIRTUAL

EVENING IOP

AGES 18+

High-quality, intensive behavioral health care built on a decade of experience delivering Partial Hospitalization (PHP) and Intensive Outpatient (IOP) programs as Illinois' largest provider of psychiatric and PHP/IOP.

Virtual Evening IOP is designed for individuals whose depression or anxiety symptoms are interfering with day-to-day life and who may benefit from more intensive support while maintaining daytime responsibilities.

PROGRAM HIGHLIGHTS

- 100% interactive virtual programming
- Exceptional patient satisfaction ratings
- Clinical outcomes equivalent to in-person care
- Serving young adults (ages 18 to 23) and adults (age 24+)

TREATMENT MODALITIES

- Group, individual, and family therapy
- Psychiatric evaluation and medication management
- Resource and experiential therapies
- Discharge planning

SYMPTOMS/DIAGNOSES TREATED

- Depression
- Bipolar disorder
- Generalized anxiety
- Complex Anxiety/OCD
- Comorbid substance use
- Suicidality

SCHEDULE

Current program hours: 4:00 pm to 7:00 pm CST

Later program hours starting June 6, 2022: 5:00 pm to 8:00 pm CST

Compass is in-network with most private insurances. At this time, we do not accept Medicaid or Medicare.