

WHEN TO REFER & HOW WE CAN HELP

WHAT IS COMPASS HEALTH CENTER?

Compass Health Center provides evidence-based Partial Hospitalization (PHP) and Intensive Outpatient (IOP) programs for individuals in a patient-centered environment—all while still maintaining life at home. Compass was founded in 2011 by child, adolescent, and adult psychiatrists David Schreiber, MD, and Claudia Welke, MD, after recognizing the community's need for intensive non-hospital based psychiatric care. Compass helps people in need of more intensive treatment so that they can avoid going to the ER or being hospitalized in an inpatient unit. Today, Compass is Illinois' largest and most respected PHP/IOP program, with over 40 full-time psychiatrists/PNP's and 350+ masters-level clinicians.

WHAT SERVICES DO WE OFFER?

The foundation of our care is our evidence-based, comprehensive treatment model, including group, individual, and family therapy, as well as psychiatry and medication management. Group therapy establishes a safe space where our patients learn and develop coping skills from expert clinicians and build connections with peers. Specialized therapists are added to the care team when clinically appropriate. Additionally, adolescent patients work closely with an education specialist during the school year.

Compass Virtual Health Center—our completely virtual PHP/IOP—provides patients with the same quality of care they would receive with our in-person treatment. Our age-based virtual programming is available to adolescents and adults with mood and anxiety disorders that severely impact their daily functioning at home, work, or school.

WHEN TO REFER TO PHP/IOP?

Do you know an individual who:

1. Was recently hospitalized due to psychiatric concerns?
2. Needs more support than is traditionally offered in outpatient therapy?
3. Lacks access to high quality, evidence-based care in their community?
4. Expressed or had a history of expressing thoughts of suicide or self-harm?
5. Refuses to engage in their regular responsibilities such as work or school?
6. Appears to struggle with activities of daily living such as proper hygiene and nutrition?
7. Shows notable signs of increased agitation with or isolation from friends or family?
8. Suddenly withdrawals from previously enjoyed activities or social outlets?
9. Displays disproportionate emotional response to a stressful experience?

To consult with a Compass clinician about a potential referral, please email Taryn Konevich, Senior Director of Virtual Programs, at tkonevich@compasshealthcenter.net. To refer a patient or schedule an intake, please call us or visit our website and submit an inquiry.

CHICAGO

2500 W. BRADLEY PLACE
CHICAGO, IL 60618

NORTHBROOK

60 REVERE DRIVE
NORTHBROOK, IL 60062

OAK BROOK

750 OAKMONT LN,
WESTMONT IL 60559

VIRTUAL

COMPASSHEALTHCENTER.NET
PH: 877.552.6672